





## Control of self, and personal

- Listens well in a group \_\_\_\_\_
- Allows others to do their work \_\_\_\_\_
- Works on own much of the time in class \_\_\_\_\_
- Cleans up own area \_\_\_\_\_
- Cleans up a larger area \_\_\_\_\_
- Treats others well \_\_\_\_\_
- Is basically honest \_\_\_\_\_
- Follows directions mostly \_\_\_\_\_
- Understands directions given \_\_\_\_\_
- Gathers own items at the end of day when asked \_\_\_\_\_
- Washes hands & face consistently on own when asked \_\_\_\_\_
- Eats with little prompting at meal and snack times \_\_\_\_\_
- Puts food away when done eating \_\_\_\_\_
- Stays with the group when out \_\_\_\_\_
- Puts shoes/coat away on request \_\_\_\_\_
- Can straighten cubby \_\_\_\_\_
- Shares well \_\_\_\_\_
- Takes regular care of an area of the school \_\_\_\_\_
- Treats animals kindly \_\_\_\_\_
- Sets a good example for younger students \_\_\_\_\_

## Art Skills

- Can paint pictures \_\_\_\_\_
- Can draw recognizable pictures \_\_\_\_\_
- Pre-k cutting packs - each \_\_\_\_\_
- Uses a paint brush correctly \_\_\_\_\_
- Can make dots & short lines of glue \_\_\_\_\_
- Uses watercolors correctly \_\_\_\_\_
- Rinses brush between paint colors \_\_\_\_\_
- Cuts out some of own art projects \_\_\_\_\_
- Can mix colors \_\_\_\_\_
- Can create own art \_\_\_\_\_
- Can do collage \_\_\_\_\_
- Can do papier-mâché \_\_\_\_\_
- Can work with plaster of paris \_\_\_\_\_
- Can work with tissue paper \_\_\_\_\_
- Can work with glitter \_\_\_\_\_
- Can make things with wood \_\_\_\_\_
- Has helped make murals \_\_\_\_\_
- Can use stamps and stamp pad well \_\_\_\_\_
- Can make 3 dimensional art \_\_\_\_\_
- Colors pictures using a variety of colors \_\_\_\_\_

## Outdoor physical skills

- Climb rope up a mountain \_\_\_\_\_
- Can follow many different obstacle courses \_\_\_\_\_
- Ride a 2 wheeler with training wheels, 2 miles \_\_\_\_\_
- Hang on trapeze bar 30 seconds \_\_\_\_\_
- Walk for 1 1/2 hours \_\_\_\_\_
- Can hike 1 1/2 miles, off trail \_\_\_\_\_
  
- Can hike 2 miles on trail \_\_\_\_\_
- Can run 1/2 mile \_\_\_\_\_
- Walk easily through a creek \_\_\_\_\_
- Dribble a ball 3 times \_\_\_\_\_
- Dribble a ball 5 times \_\_\_\_\_
- Play Simon says \_\_\_\_\_
- Go from bar 1 to bar 2 on Monkey bars \_\_\_\_\_
- Hang from knees on trapeze bar \_\_\_\_\_
- Climb a rock wall \_\_\_\_\_
- Kick a ball soccer style, 5 feet \_\_\_\_\_
- Can get into a swing by self \_\_\_\_\_
- Can pump on a swing \_\_\_\_\_
- Can hike up and down different types of terrain \_\_\_\_\_
  
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## Indoor physical skills

- Level one ball skills \_\_\_\_\_
- Level one hoop skills \_\_\_\_\_
- Many different stretches \_\_\_\_\_
- Can follow many obstacle courses \_\_\_\_\_
- Jump from objects 2ft. off the ground \_\_\_\_\_
- Jump over something 6" tall from a standing position \_\_\_\_\_
- 1 foot standing broad jump \_\_\_\_\_
- 2 foot running broad jump \_\_\_\_\_
- Catch and throw a ball with another from 3 ft \_\_\_\_\_
- Throw a ball 6 inches in the air and catch \_\_\_\_\_
- Kick a ball 5 ft. into a box or soccer goal \_\_\_\_\_
- Seat drop position on the trampoline \_\_\_\_\_
- Do a stop on the trampoline \_\_\_\_\_
- Do jumping jacks \_\_\_\_\_
- Hop on right leg, 10 times \_\_\_\_\_
- Hop on left leg, 10 times \_\_\_\_\_
- Walk on stilts around the school easily \_\_\_\_\_
- 2 push-ups \_\_\_\_\_
- 2 sit-ups \_\_\_\_\_
- Can roller skate at a rink \_\_\_\_\_
- Can Ice skate at a rink \_\_\_\_\_
- Can do knee bends \_\_\_\_\_
  
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